



ALIVENESS IS DYNAMIC:

1. **VISION:**

2. **DEFINITION:**

3. **TENSION:**

4. **BEAUTY:**

5. **DESIRE/COCREATION:**



DECLARATION OF A CHANGE MAKER:

I _____ declare that this moment forward, that I
_____ my body as a precious vehicle for my
embodied LIFE, that I live _____
my powerful psyche as an incredible vehicle for my profound LIFE, that I _____
_____ my healthy relationships as
they are the support network for my greatness to be expressed in the world, and that I
_____ of my calling. With this
declaration, I step into my full, embodied leadership and allow myself to perceive and take aligned
action on my next obvious step. I'm grateful to claim the fullness of my life now, understanding that all
that is needed is for me to completely and wholeheartedly be me. And so it is.