



START WITH WHY:

- 1. TOP GLOBAL PROBLEM YOU FOCUS ON:**
- 2. TOP MOST INSPIRATIONAL CHANGE-MAKER & THEIR QUALITIES:**
- 3. DESIRE - WHAT LIGHTS YOU UP?**
- 4. WHAT DO YOU BELIEVE IS NEEDED TO ACTUALIZE YOUR DESIRE?**



DAILY EMBODIMENT PRACTICE

1. For My Body:

2. For My Psyche:

3. For My Relations:

4. For My Calling: