

WEEK 4:
OUR HIDDEN TREASURES -
PELVIC ANATOMY

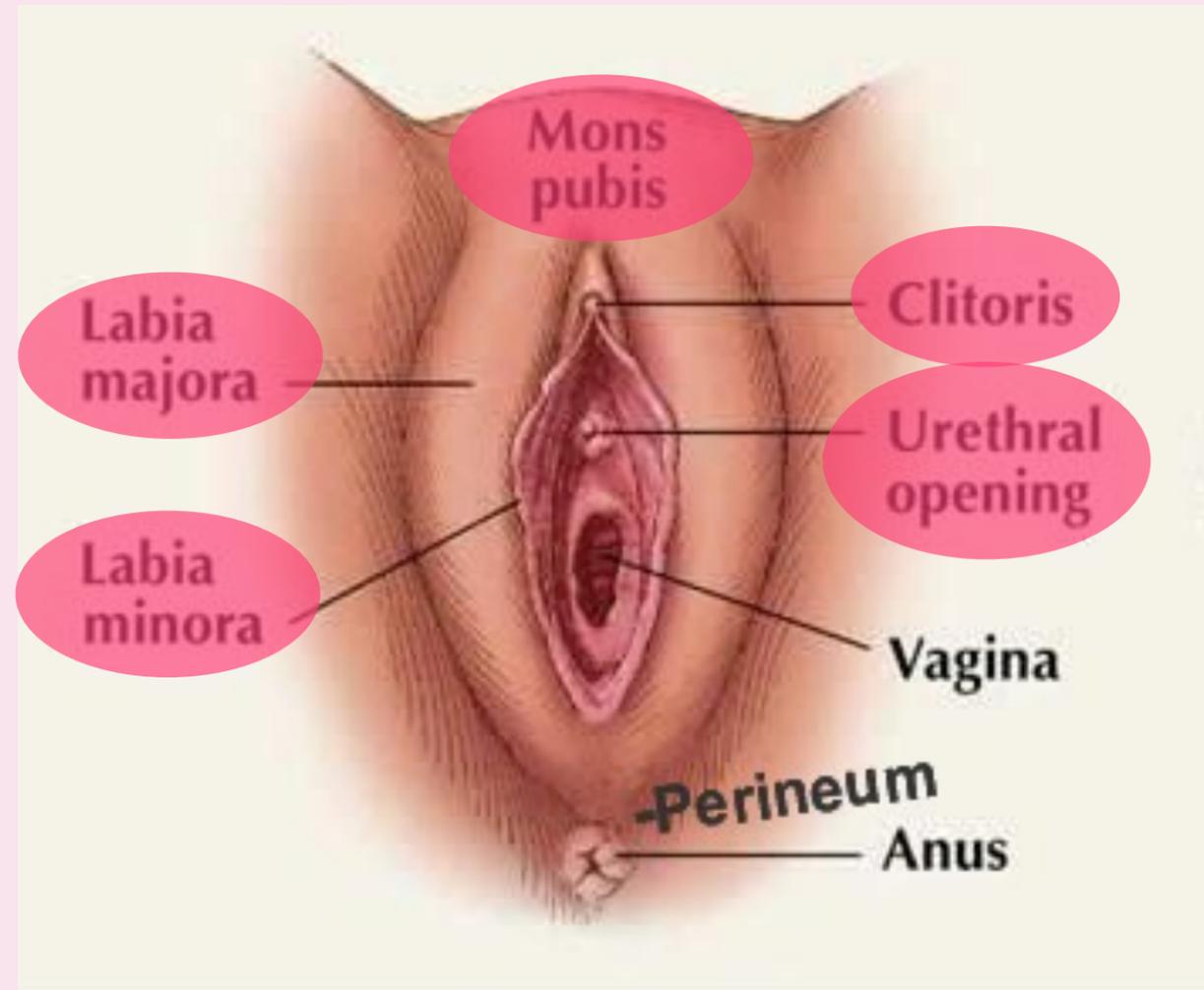
In this video we are going to explore our very own hidden treasures through looking at our pelvic anatomy.

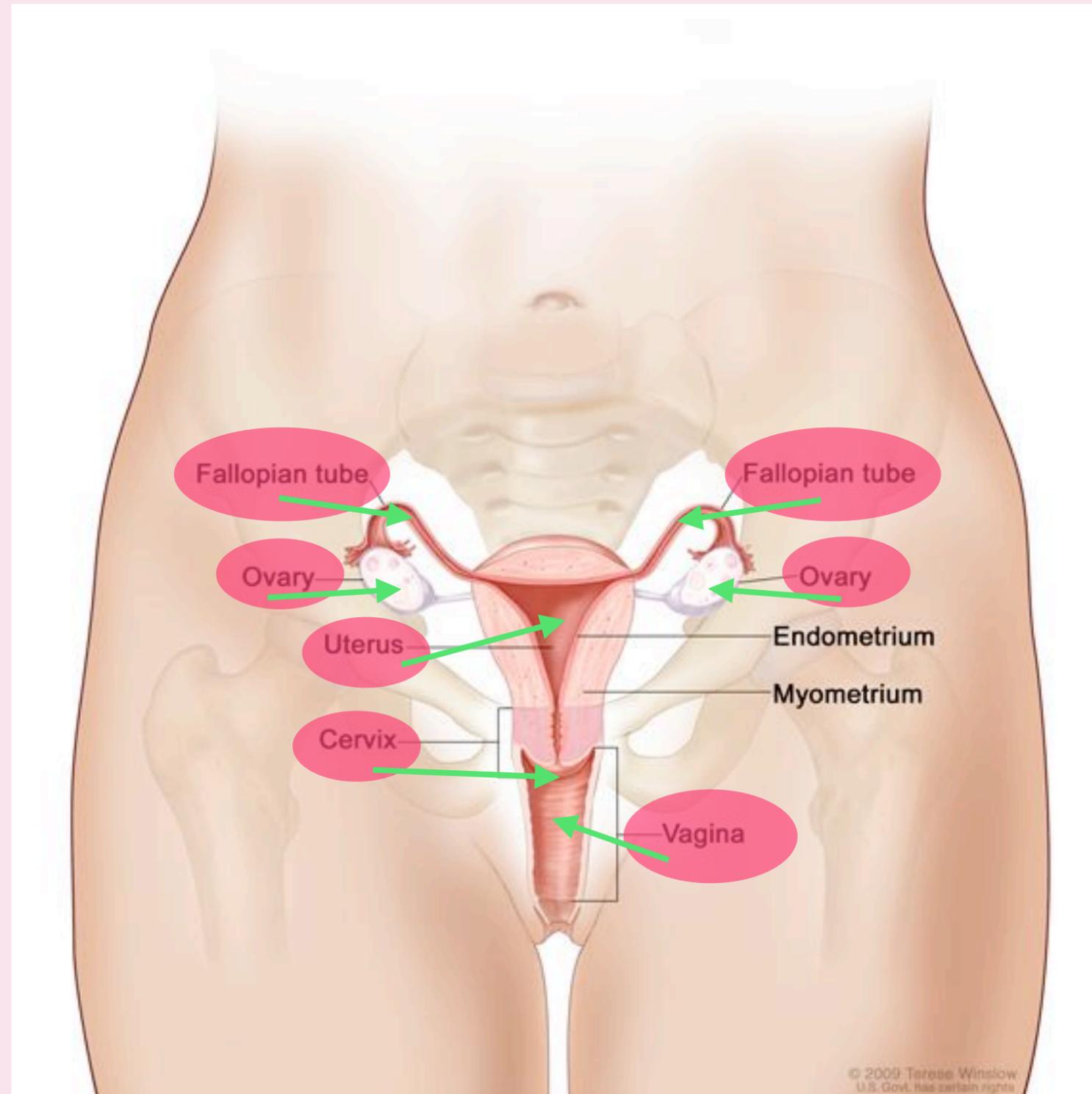
Pelvic anatomy for women is still evolving, every year they discover new tissues and new erotic zones. So I encourage you to keep educating yourself and I promise to keep you posted with all the latest and greatest!

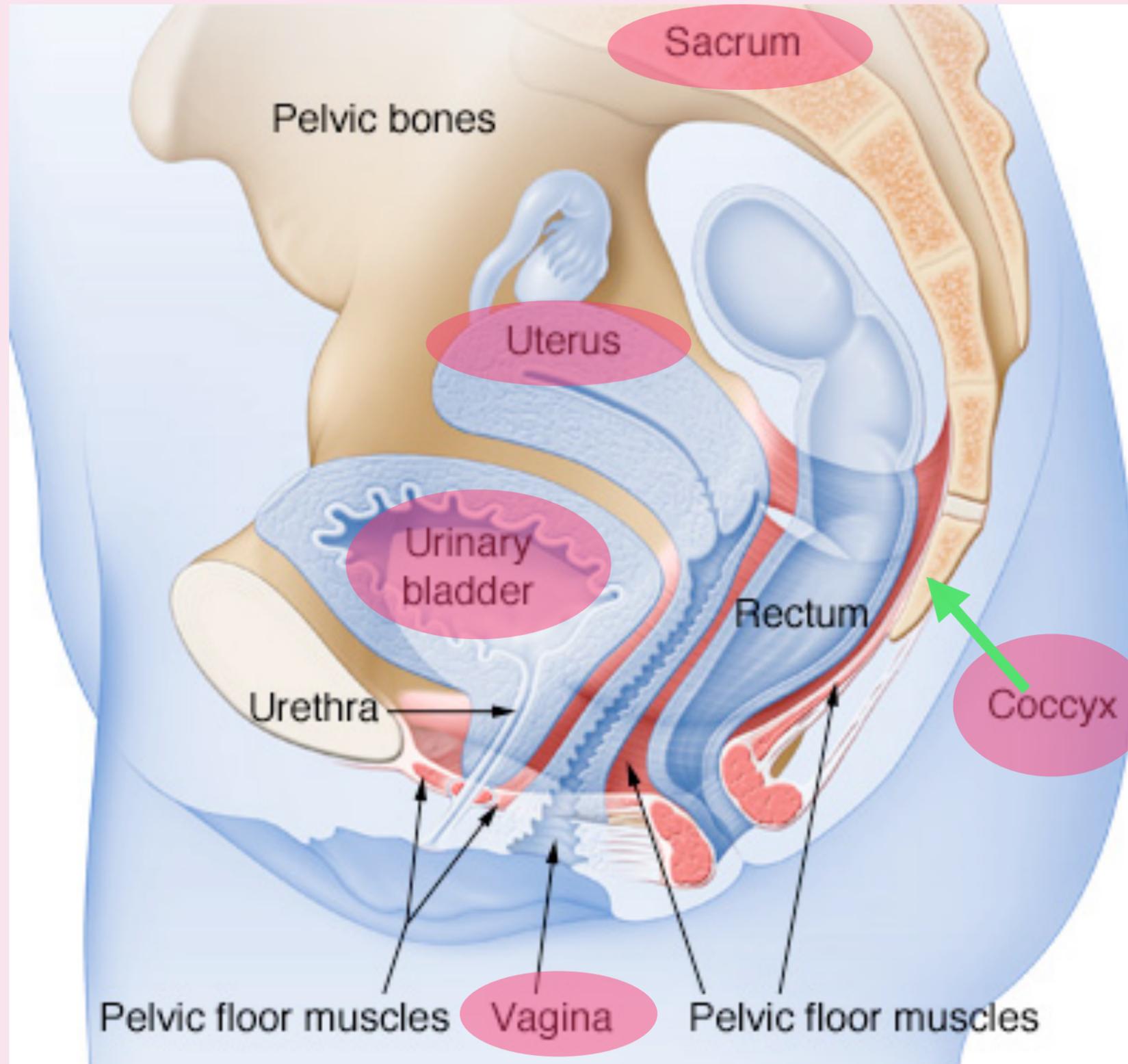
That said, we will begin our discovering our hidden treasures with the muscles that I feel play a crucial role in your pleasure.

Our Hidden Treasures...

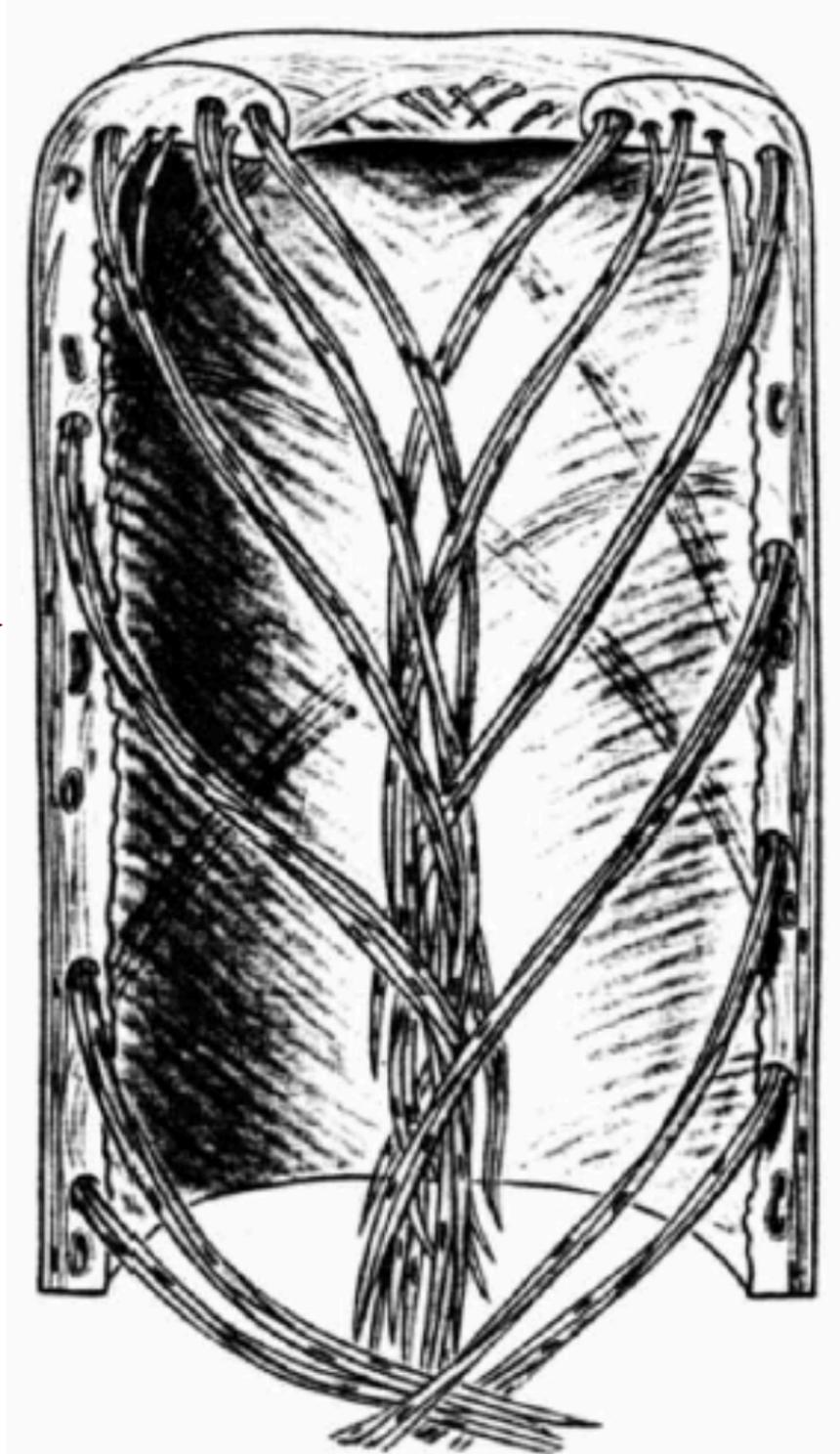




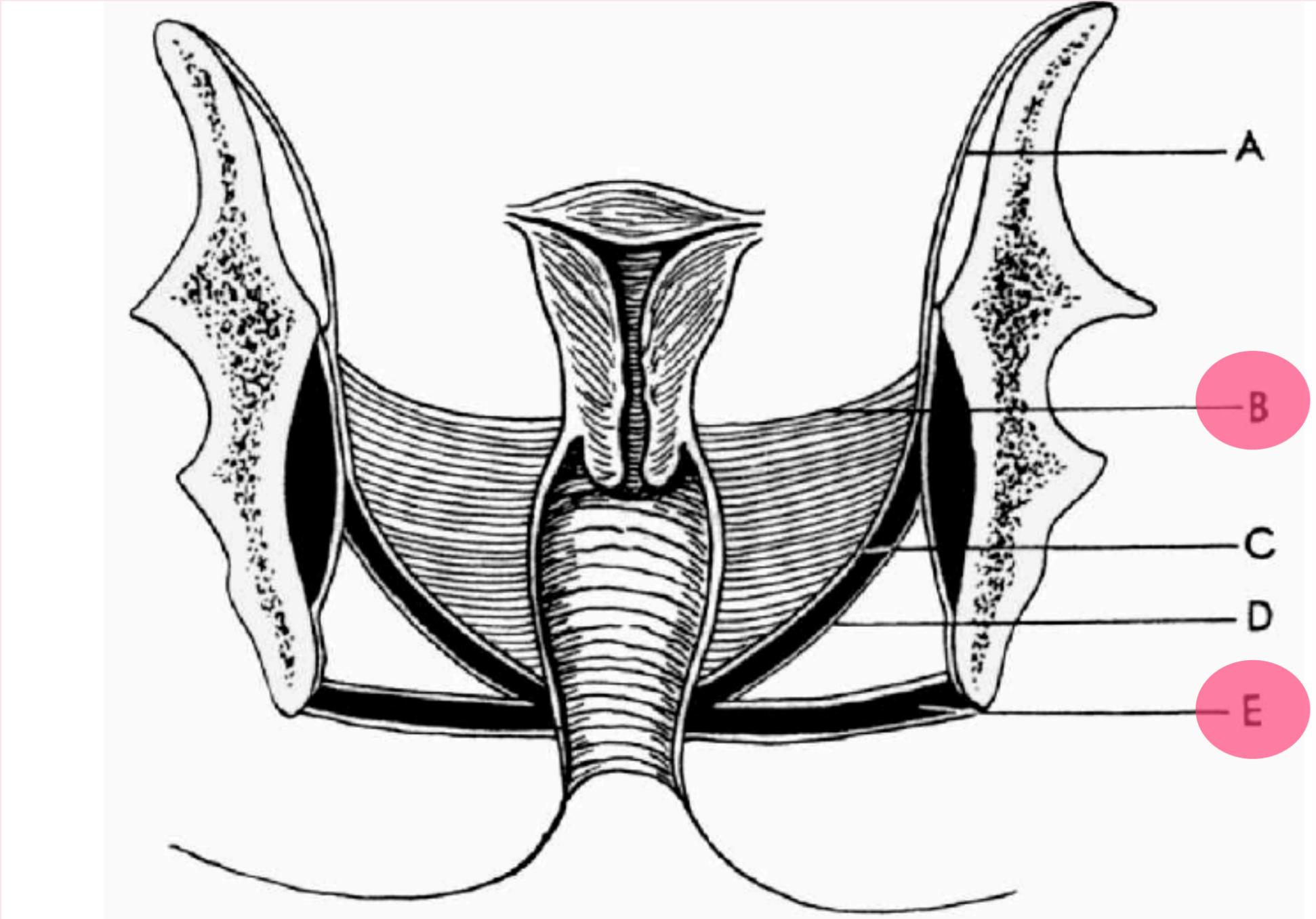




Vaginal Tissue Fibers

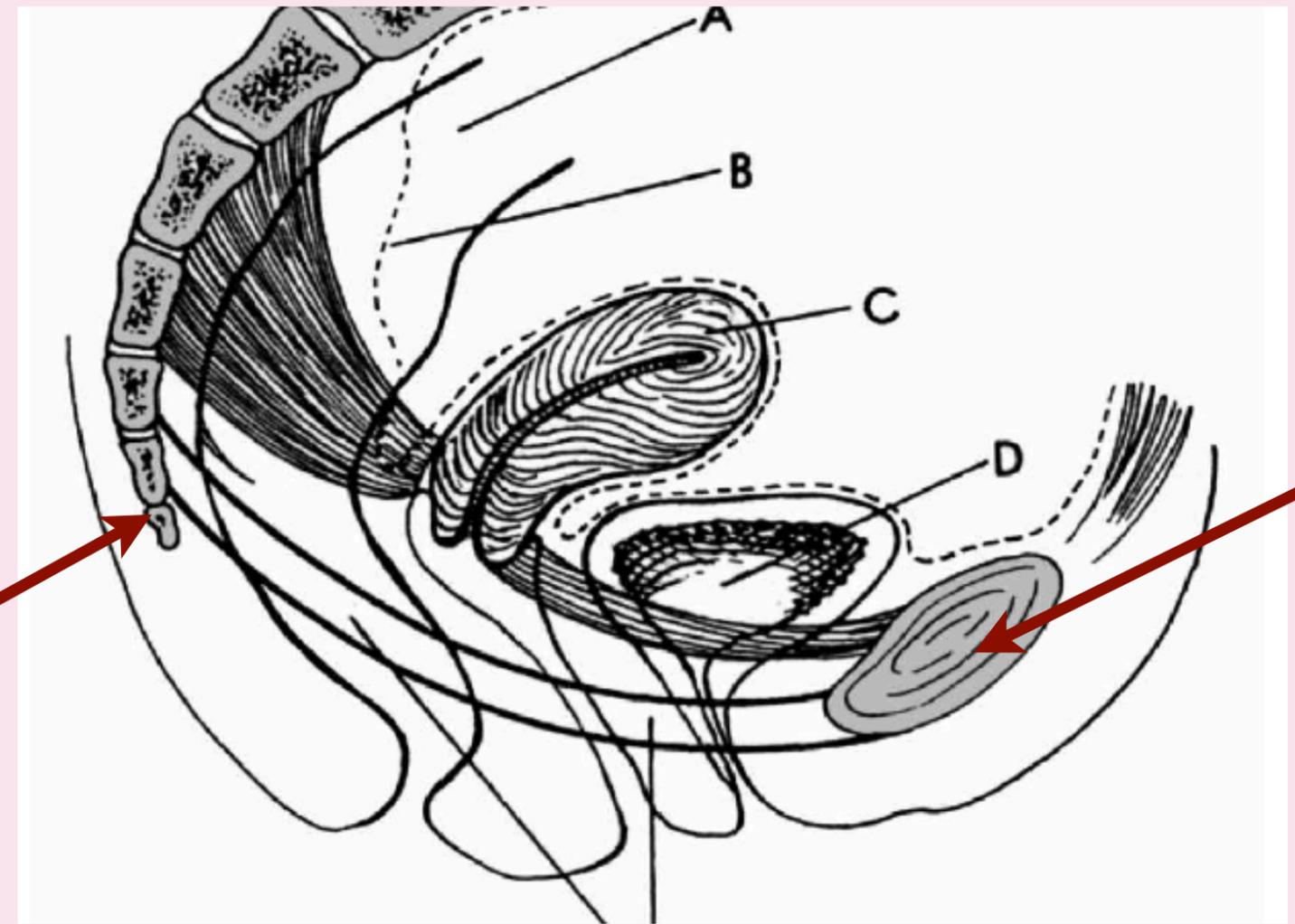


Full extent of female pelvic floor:



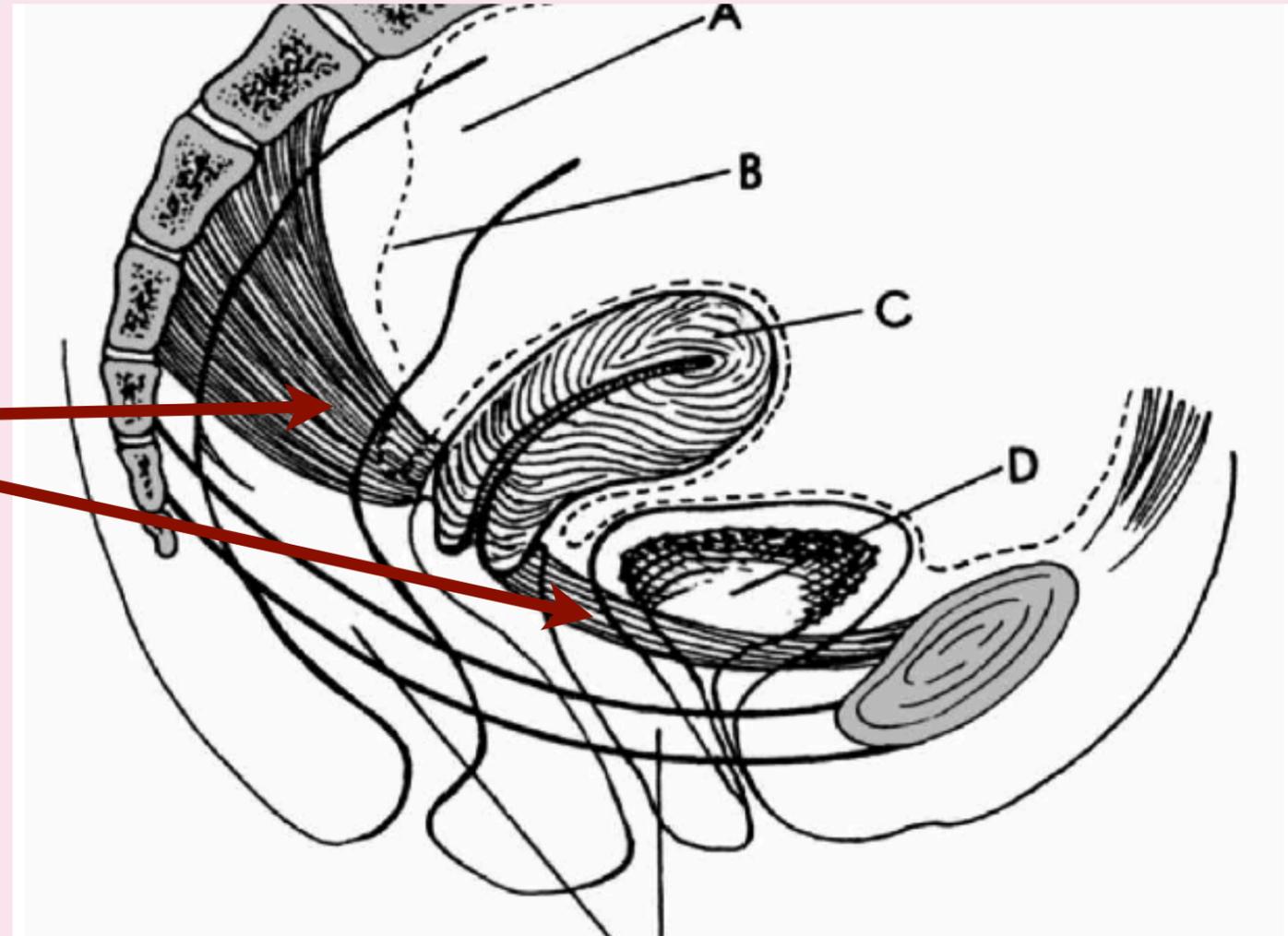
**Lower Pelvic
Floor
or Pelvic
Diaphragm:**

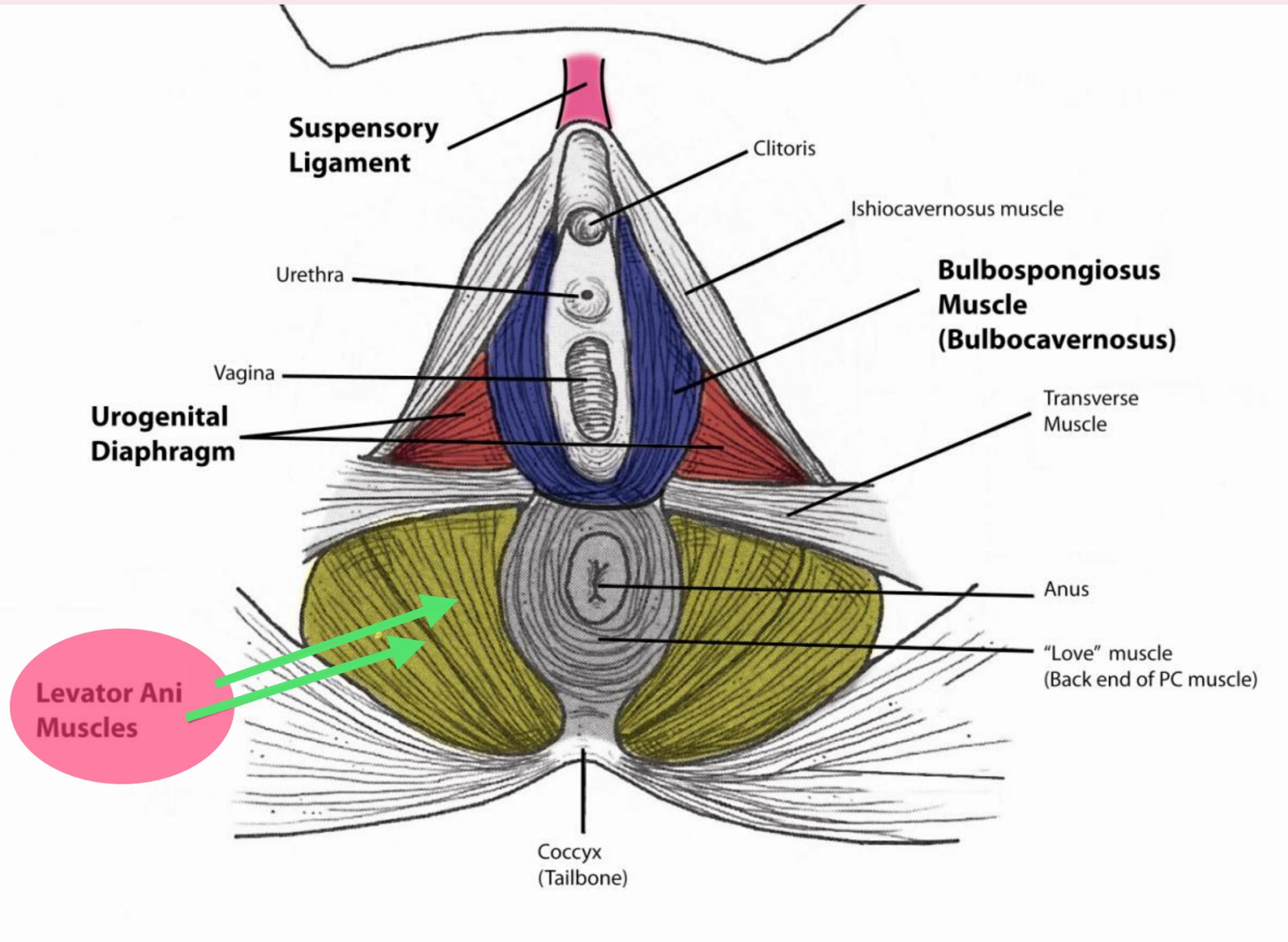
Tailbone

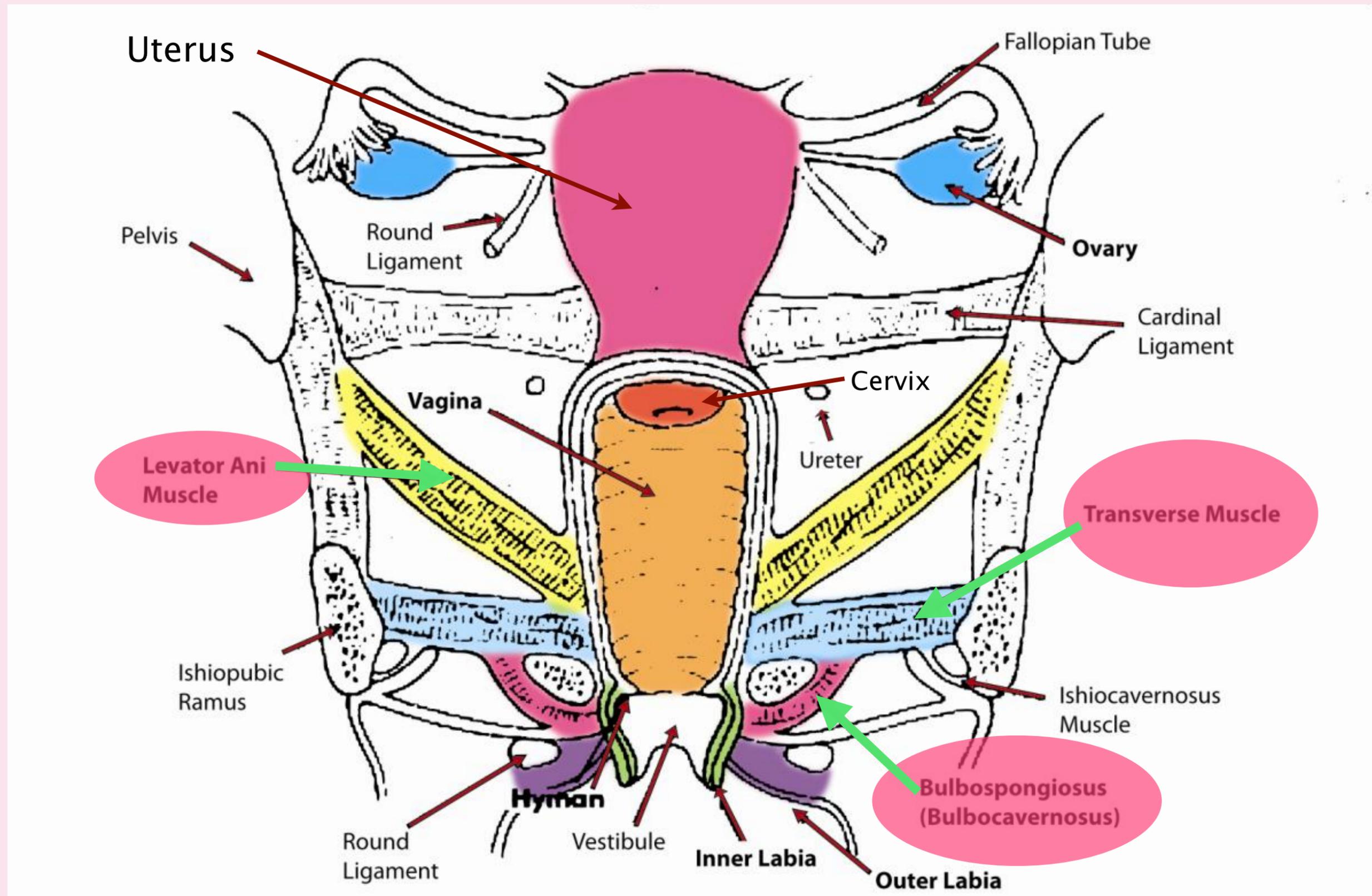


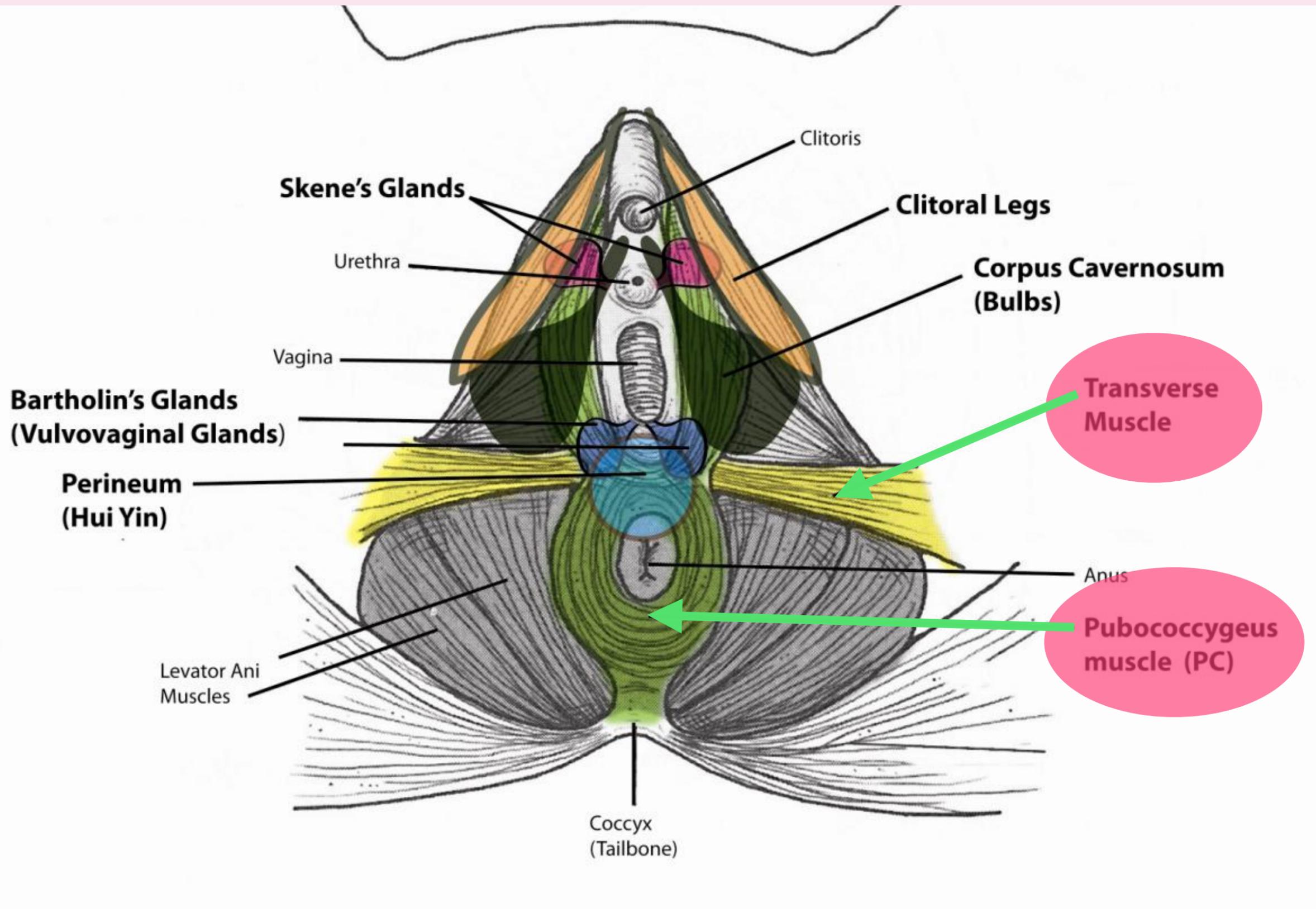
**Pubic
Bone**

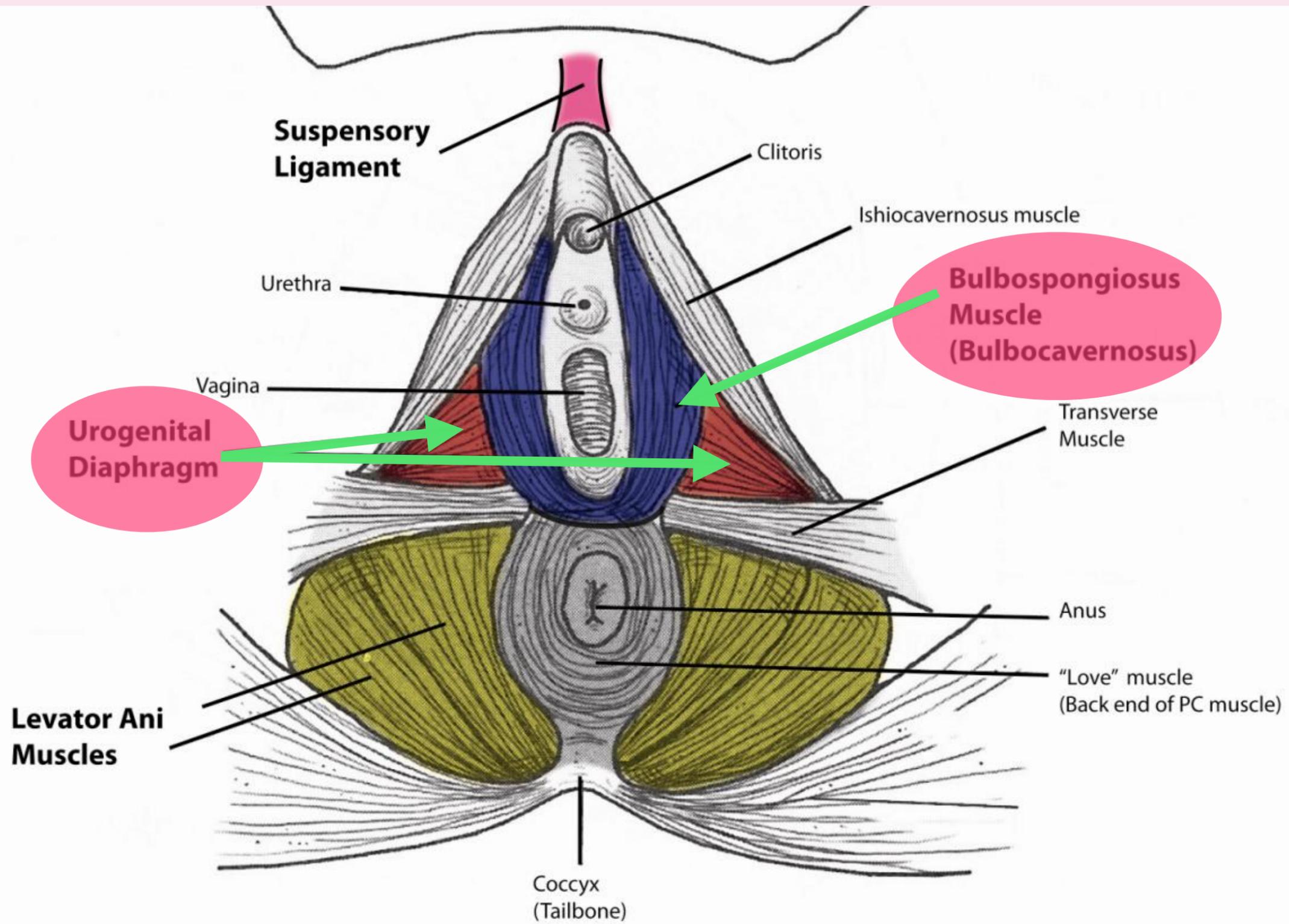
Upper Pelvic Floor:

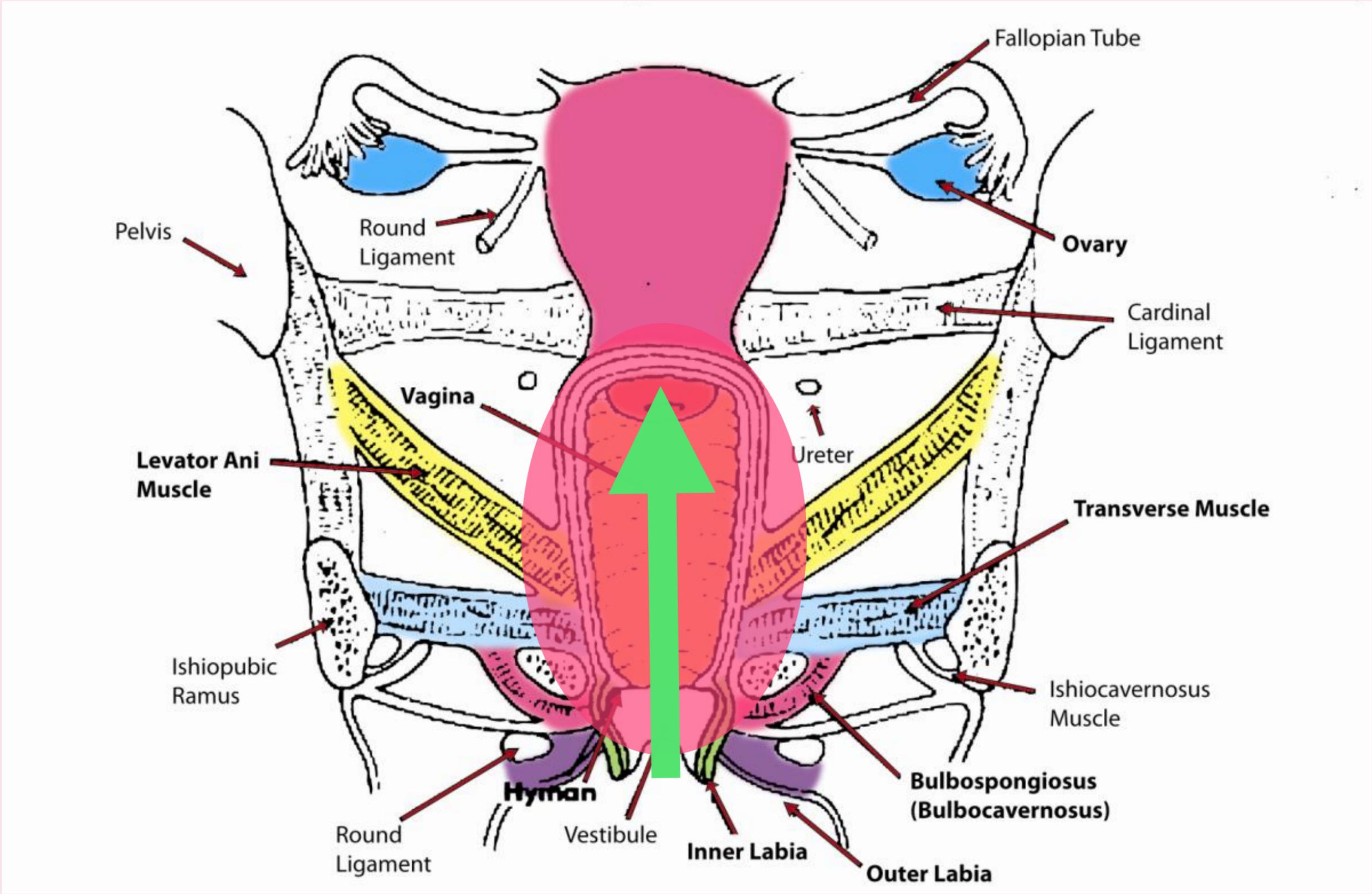


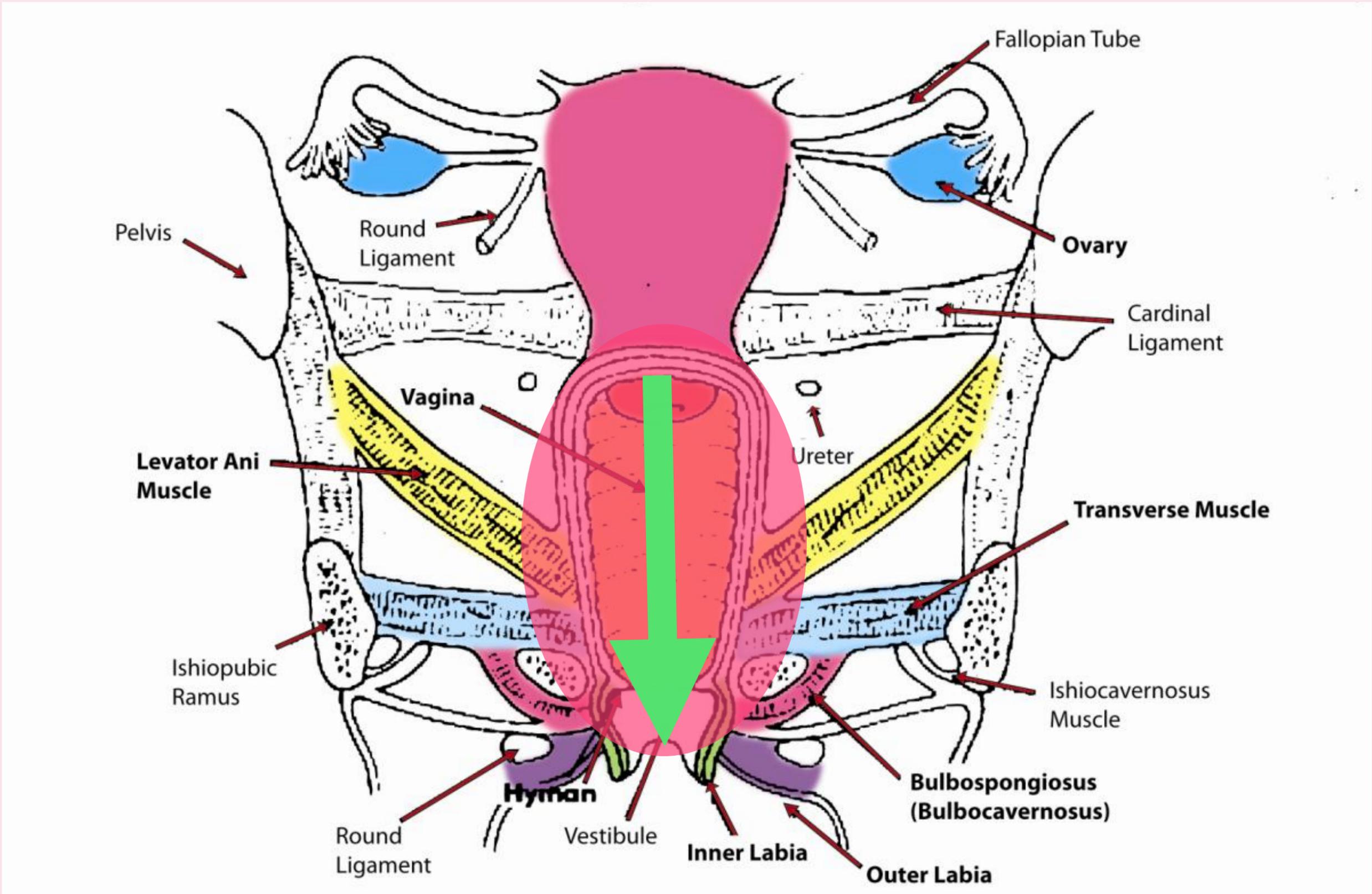


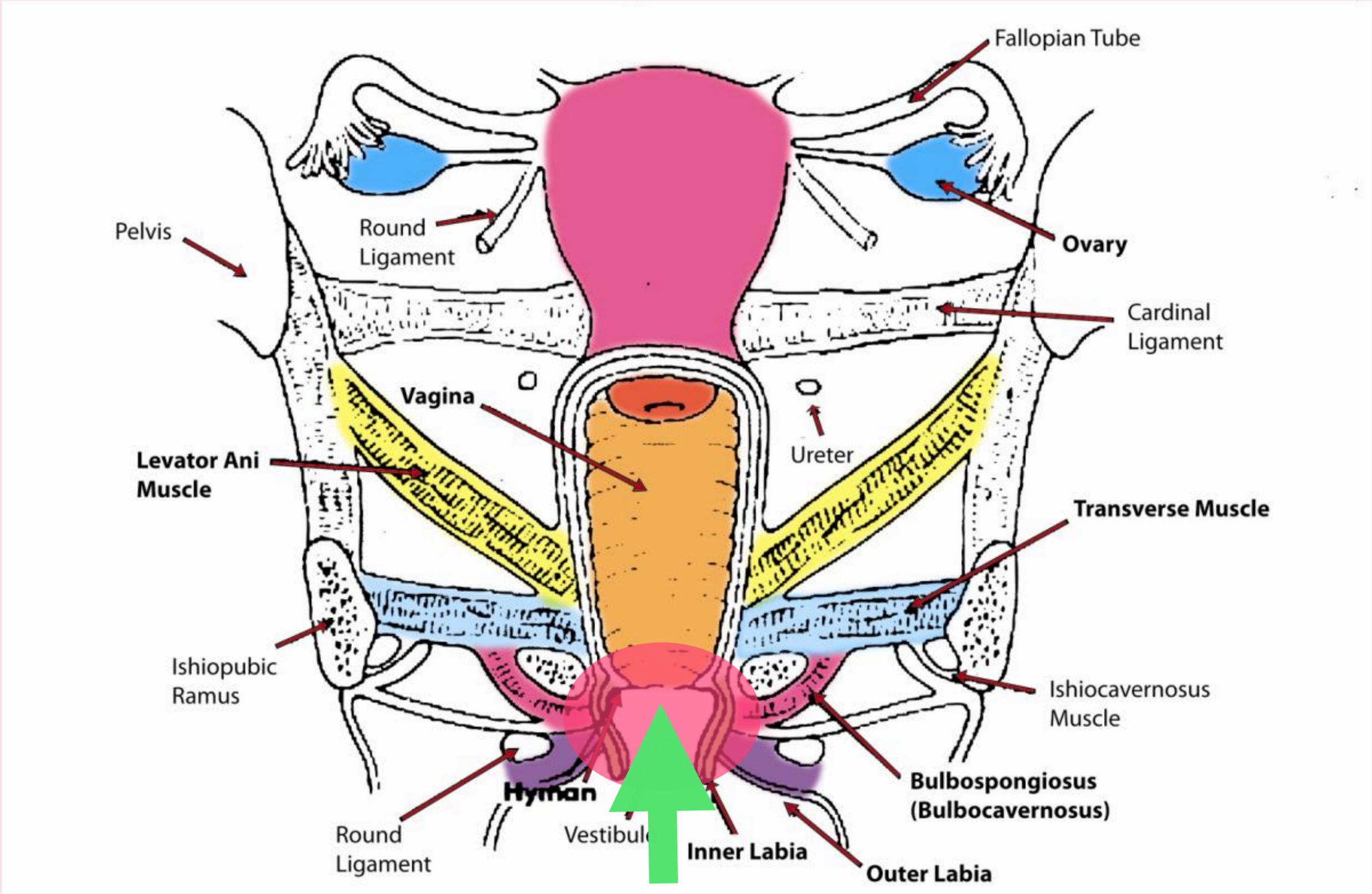


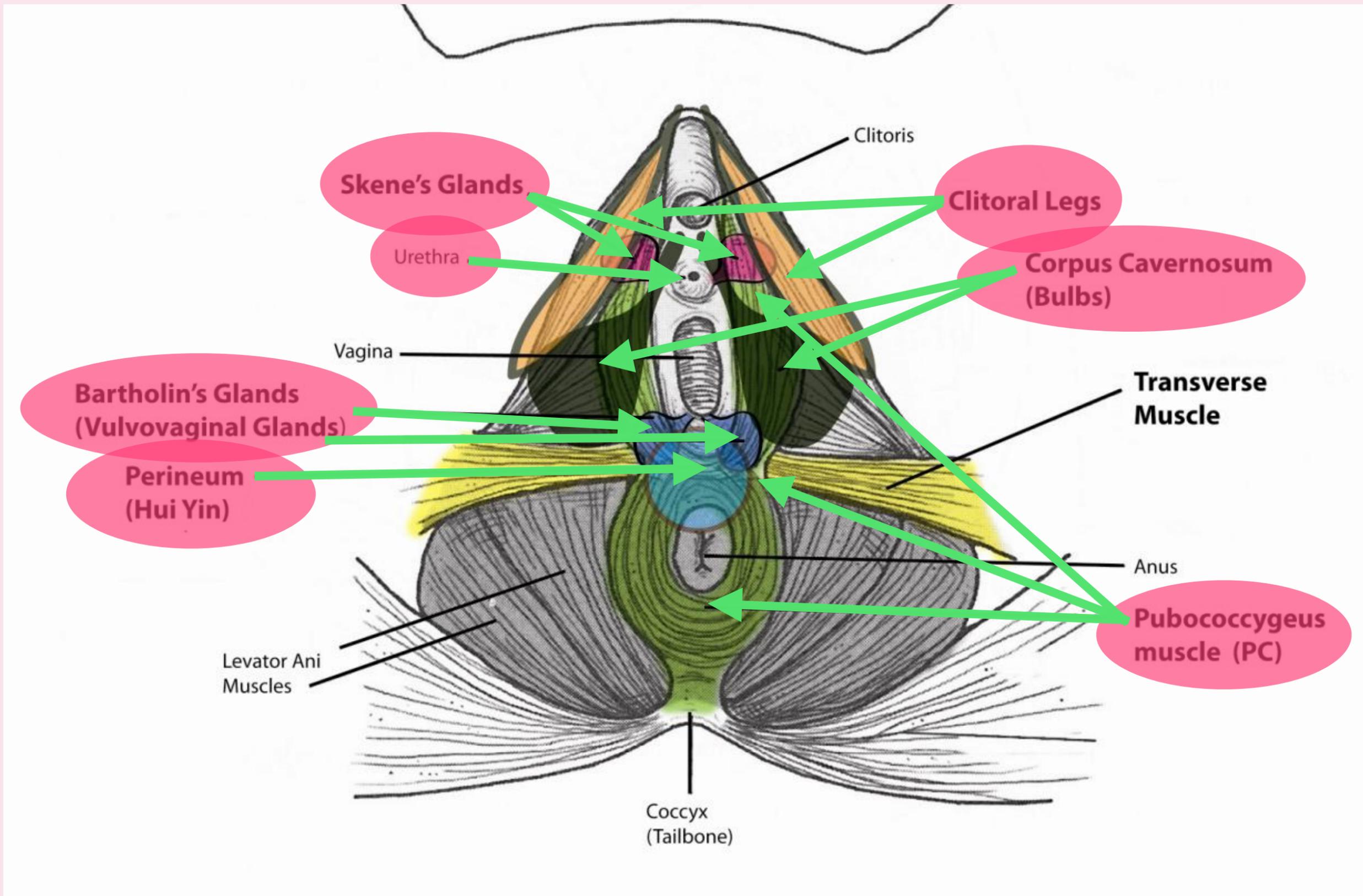


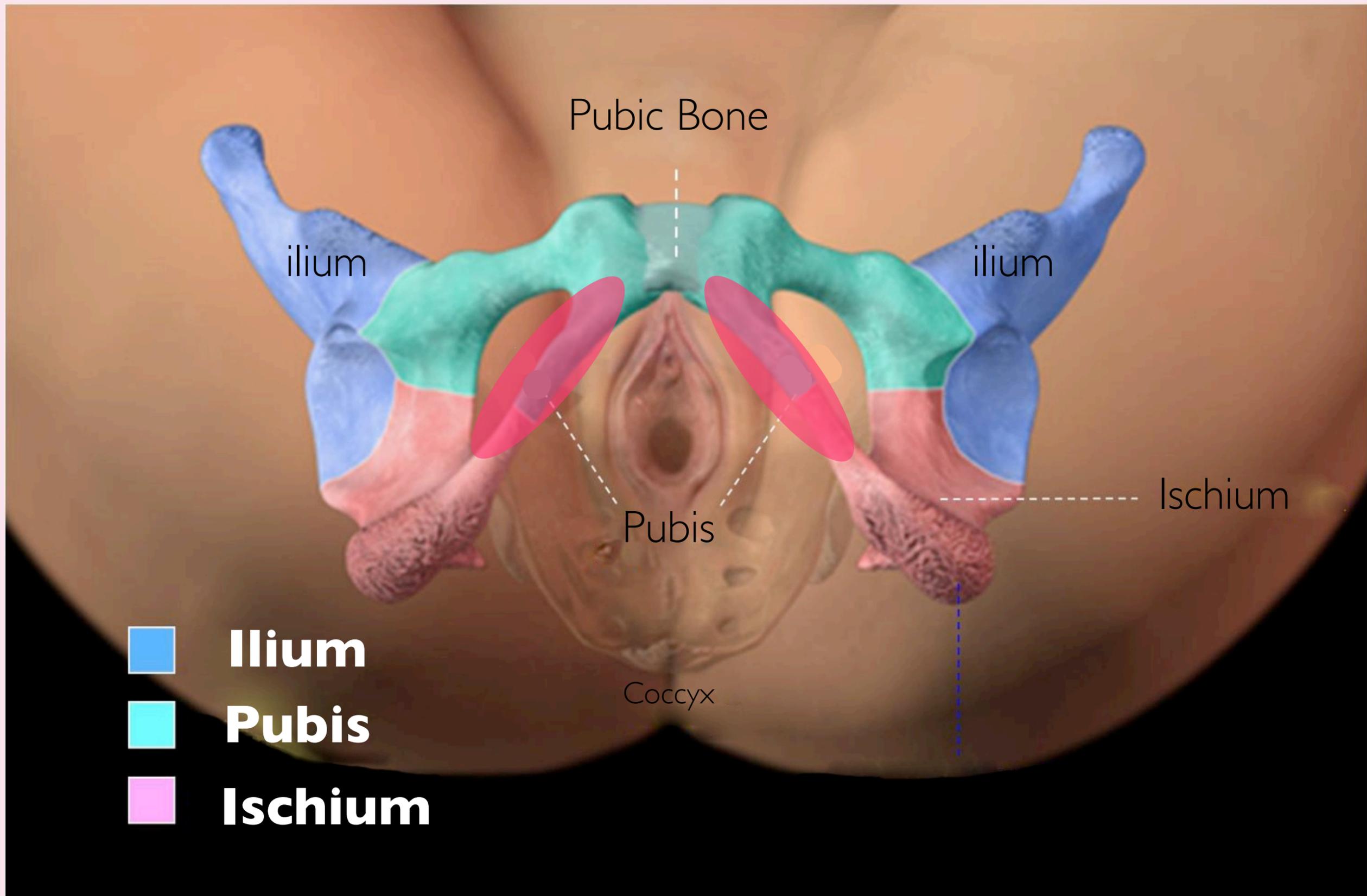


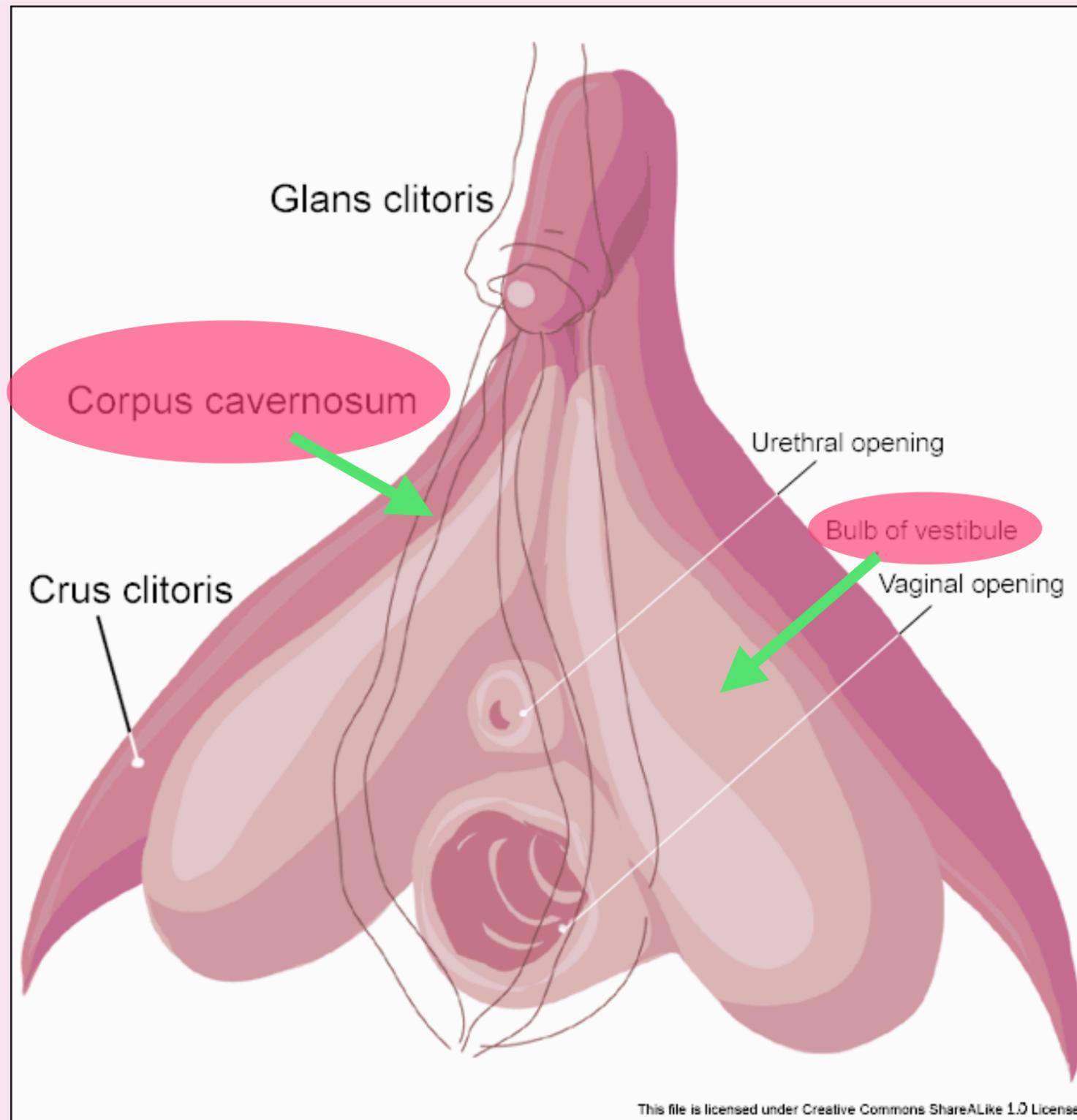


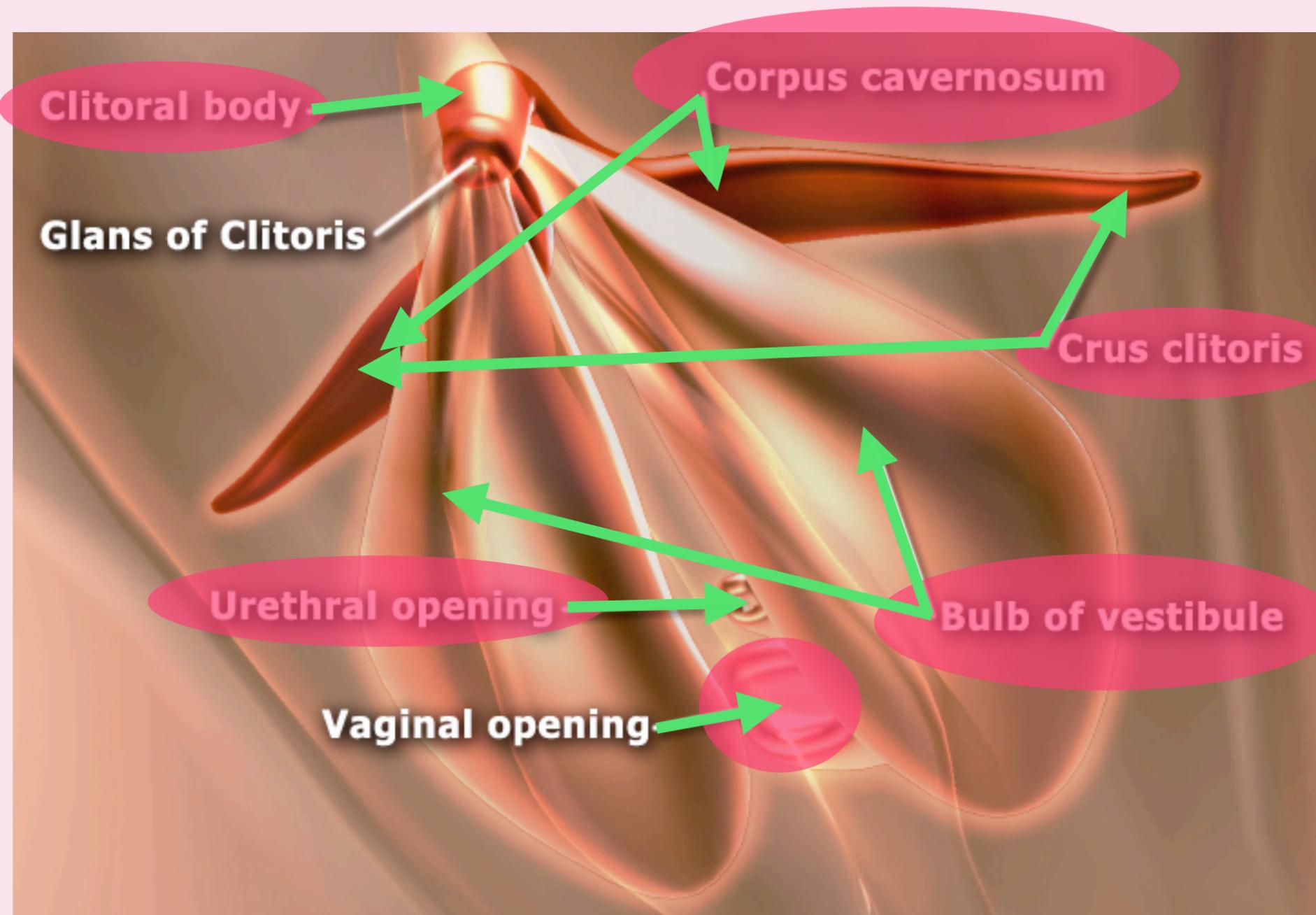


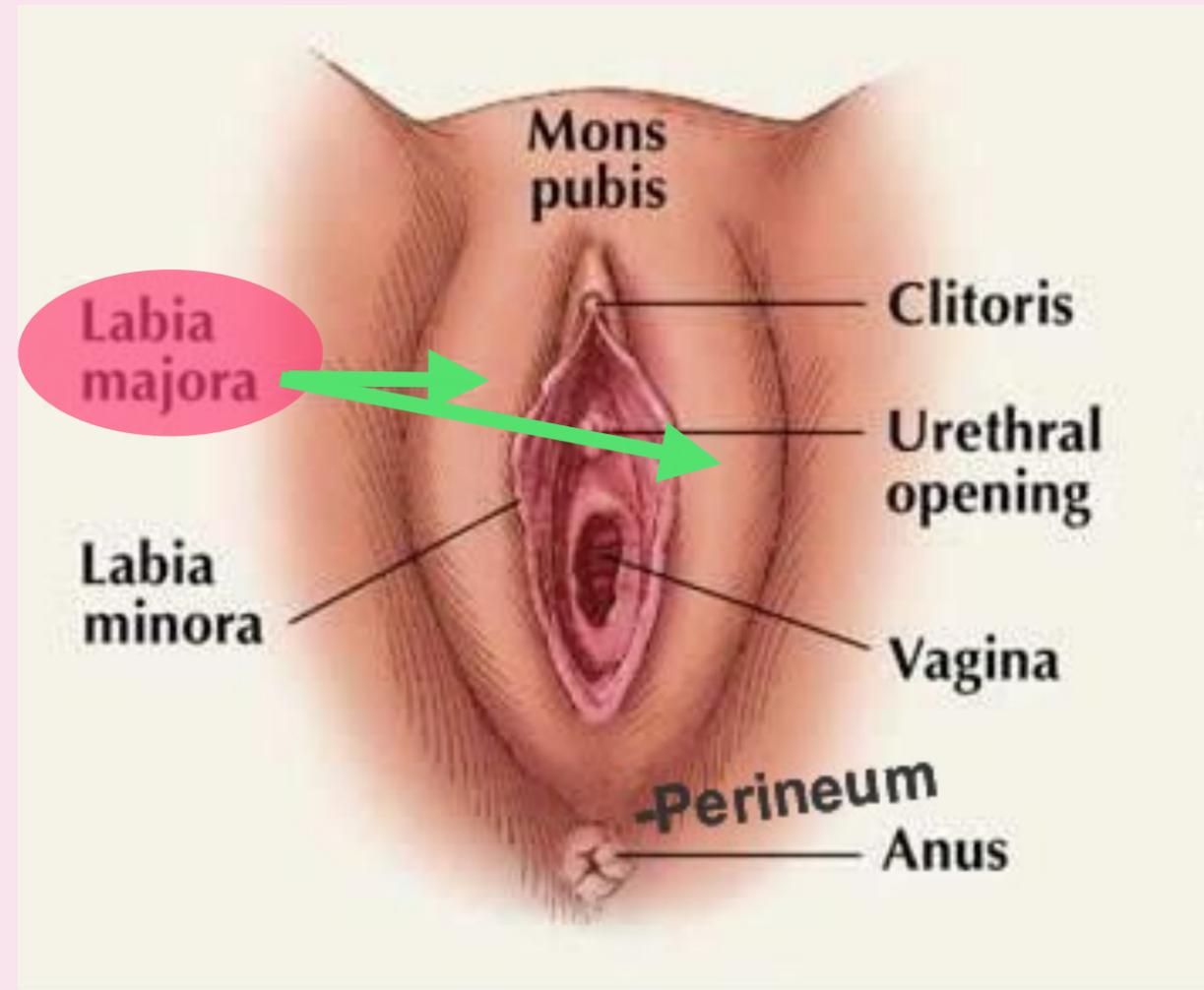


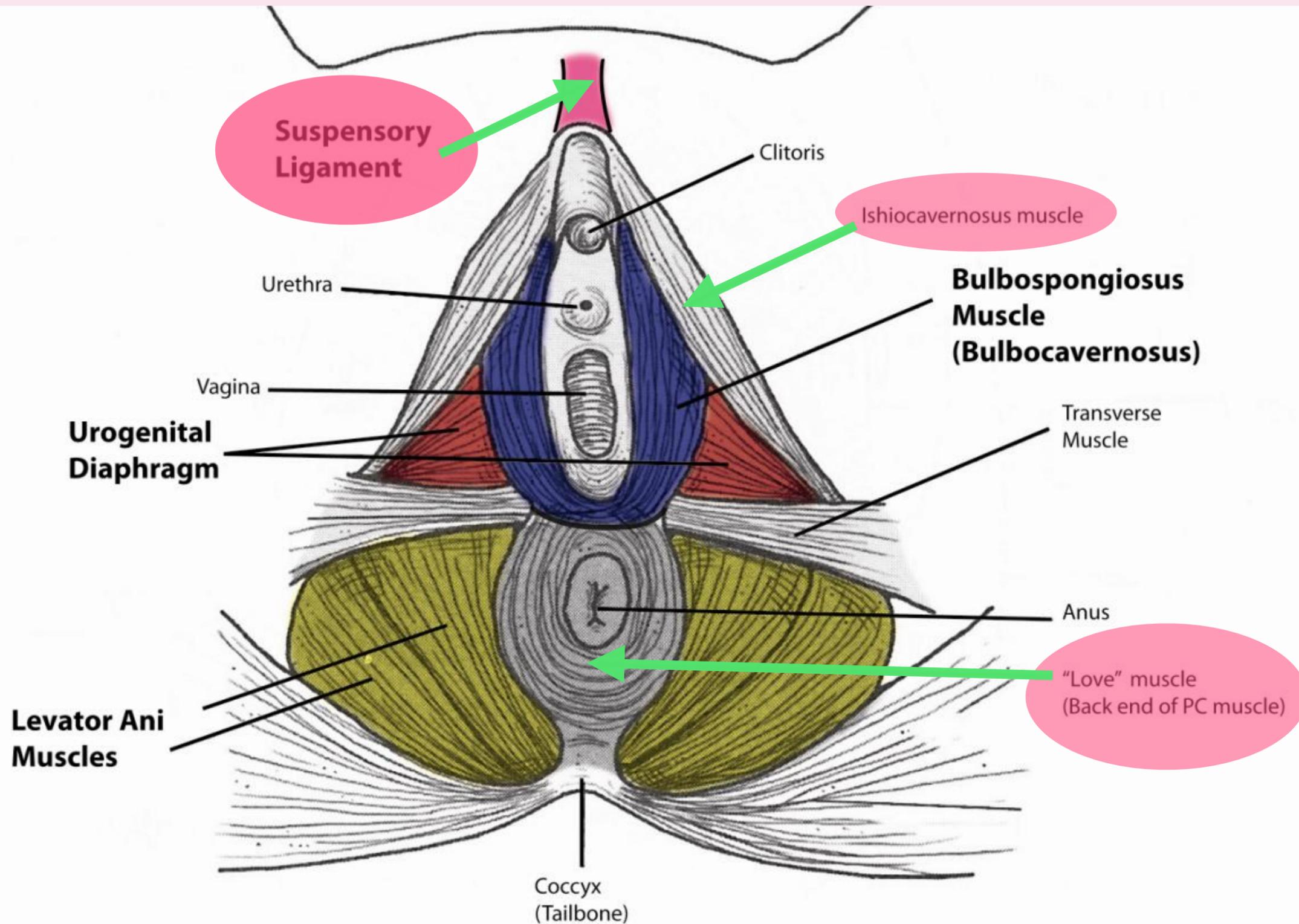




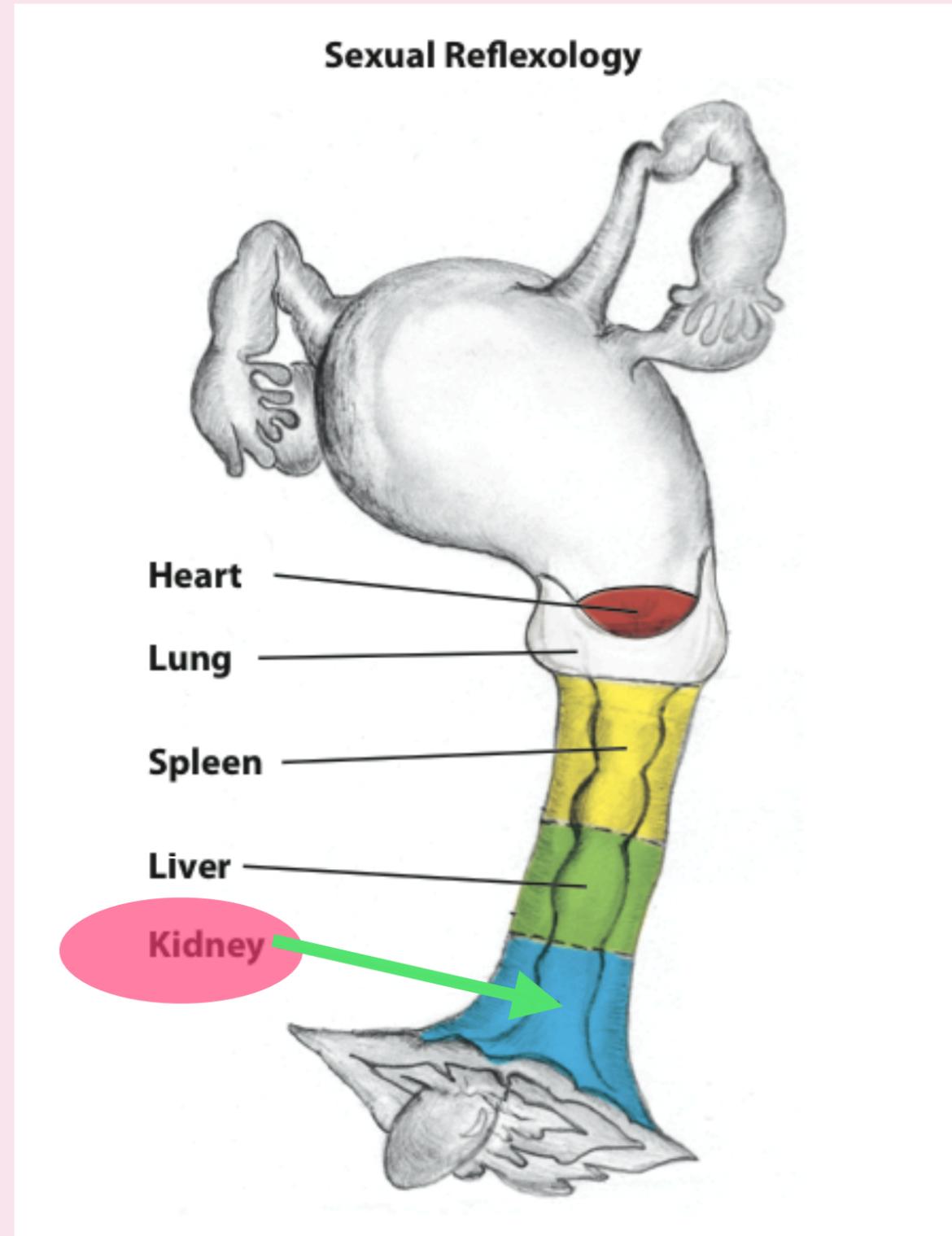








Reminder of
Sexual
Reflexology
aka Psycho-
Sexual map



Approach your
practice with a
sense of
Gentleness,
Calmness, &
Relaxation