

## Week 3: Accessing Your Erotic Intelligence - Activity PDF

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In this PDF, here are the questions I ask during the both the **Erotic Intelligence** & the **Conscious Choices Are Sexy** presentations.

### **Questions:**

What does it mean to you to have an erotic intelligence?

How would it support you in being more expressed sexually?

**Questions Con'd:**

In what ways do you feel your erotic intelligence can contribute to your orgasmic capabilities?

If you are honest with yourself, how would you rate your emotional maturity?

Are you willing to fully own your part of your experience in relationship?

Do you still project your beliefs or ideals upon your partner?

**Questions Con'd:**

What is your story? Can you recall and describe a time when your Yoni KNEW something, but you ignored the messages?

Are you currently in a pattern of not listening to your own erotic intelligence?

What do you need to admit, at least to yourself, right now about your current choices in relationship, etc?

**Questions Con'd:**

How do you feel about making choices, from this moment forward, with integrity?

What actions will you put into place to give yourself the spaciousness that you need in order to truly listen to your erotic intelligence and make choices that feel in alignment with your true will?

**Questions Con'd:**

In what ways do you think this can help you become more orgasmic?

What life-giving choices can you make right now that would enable you to feel more alive, relaxed, and open?

**Questions Con'd:**

Can you notice where in your life you have reacted to life instead of participated with it? If yes, list those times and describe what was happening. If no, are you willing to start paying more attention to how you interact with life and the choices you get to make on a daily basis?