

DANCING ON THE
EDGE
OF OUR
EROS

A 5-DAY IMMERSION
WITH DR. SAIDA DÉSILETS

WWW.THEEDGEOFEROS.COM

Day 2

1. In what ways do you behave as a beggar when it comes to Eros?

2. What is the cost of you shutting down your Eros?



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Day 2 continued

Second Pillar of E.R.O.S.

Reliable, Relaxing, Revelation:

Reliable practice:

Relaxing practice:

Revelation practice: