

DARE2DESIRE

a 5-day challenge designed to unleash
the hidden power of your desire

curated by Dr. Saida Désilets



Day 5

My DAILY DESIRE practice

1. Priming:

2. Allowing:

3. Choosing:

4. Simple Action:

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Day 5 - continued

TOP GEMS that inspire me the most:

1.

2.

3.