

# The Sacred Courtesan

THE HIDDEN POWER  
OF SENSUALITY



SAVE YOUR DESIRE  
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## Day 3

1. What did you learn about pleasure when you were growing up?
2. What message or belief did you adopt that turns your body off?
3. What do you believe will happen if you let go of that belief or ideal?

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## Day 3 continued

4. What meaning have you assigned to your desire?
5. What would shameless pleasure feel like in your body?
6. What is one way you can weave the sacred into your routine?